



Adam Jahnsen & Travis Griffin

Elite Pitchers

203B RAMSEY LANE
BALLWIN, MO 63021



TO REGISTER, CALL
636-394-2255

Stretching · Rotator Cuff Exercises · Warm-up Routine · Pick-offs
Pitching Technique, Repeatable Mechanics · Video Analysis
Pitchers Fielding Practice · the Mental Side of Pitching

\$120 PER PLAYER FOR EACH 4-DAY SESSION (6 TOTAL HOURS OF INSTRUCTION)

SESSION	DATES (4 days each)	AGE	TIME
Session 1	June 22-25	8U-9U	9:00-10:30 AM
Session 2	June 22-25	10U-12U	11:00-12:30 PM
Session 3	July 6-9	8U-9U	9:00-10:30 AM
Session 4	July 6-9	10U-12U	11:00-12:30 PM
Session 5	August 3-6	8U-9U	9:00-10:30 AM
Session 6	August 3-6	10U-12U	11:00-12:30 PM



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ELITE PITCHERS ACADEMY

Please mail form to Balls-n-Strikes Ballwin
203B Ramsey Ln, Ballwin, MO 63021

Name _____ Birthdate ____/____/____

Address _____

City _____ State _____ Zip _____

Phone H _____ Phone W _____ Group Me With _____

Phone C _____ Email _____

Parent/Guardian Name & Signature _____

I hereby authorize the director of the Balls-n-Strikes camp to act for me according to his/her best judgment in an emergency requiring medical attention. I know of no mental or physical problems, which might affect my child's ability to safely participate in this camp. I will be responsible for any medical or any other charges in connection with his attendance at camp. I agree to abide by the rules and regulations of the camp.

Credit Card # (MC, VISA, Discover) _____ Exp ____/____/____

Credit Card Signature _____ 3 Digit Code _____

Camp: Session 1 Session 2 Session 3 Session 4 Session 5 Session 6